



PLACEMENT PORTFOLIO

The New Futures Project

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The New Futures Project

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WHO ARE WE?

Our Mission

We are a trauma informed service providing holistic support for women and young people in Leicester, Leicestershire, and Rutland. We want to use the experience and learning we have gained from over twenty years of working with this client group to instigate and support generational change, supporting women to break the cycle of abuse, exploitation, poverty, and marginalisation which in many cases has been present within families for multiple generations.

What we do

We work with women and young people in a trauma informed, holistic and non-judgemental way. We are client led and work to support individuals to recognise their strengths. We create a safe and supportive environment to address need, reduce vulnerability and promote independence, helping women and young people to become empowered.

“New Futures has saved my life in more than one way, without it i don't know if I'd be here.”

Client at New Future's Project

Who We Support

New Futures Project work with Women and Young People in the Leicester, Leicestershire, and Rutland area; who are at risk of or who are being sexually exploited. Our services were extended to provide support to women made particularly vulnerable to involvement in sexual exploitation for the first time due to COVID-19 and the subsequent extended lockdowns Leicester has experienced.

Since then, we have expanded the project to support women who are struggling with a wider range of issues including relationship breakdown, intimate partner violence, domestic violence, housing crisis, benefit applications or appeals, legal issues and many more.

OUR HISTORY

The New Futures Project has been supporting women for over 20 years in and around Leicester and Leicestershire. By providing practical, emotional, and therapeutic support we have supported women and young people to feel safe and be empowered.



We Aim to Provide

- Holistic assessment of need and action planning, unique to each woman and young person
- One to one practical and emotional support
- Supported and co-ordinated referrals
- Access to in house free counselling
- Education and support to help women have more choices.
- Drop in sessions with wellbeing and mental health support.
- Long term support

"New Futures helped me though my struggles. They never judged me!"

Client at New Future's Project

THE SERVICES WE PROVIDE:

The New Futures Project provides a wraparound service that focusses on safety and recovery. This means that there are several aspects to our service delivery.



Drop in

Drop in is a safe, supportive, and therapeutic environment for women to access showers and toiletries, clean clothes and washing facilities, hot meals and food parcels, condoms and injecting equipment and someone to talk to.

Outreach

We provide an outreach service to women in street based sex work and those rough sleeping. We give out newsletters including safety information, take reports and offer food, drink and condoms and are a safe presence on the beat.

Keyworker support

When a referral is received by the project it may be allocated a key worker. The support worker will complete an assessment with the client to identify their needs before providing a wide range of support services designed to meet the needs of the client.

Counselling

Some clients also receive counselling from the project. They will be assessed and matched with a suitable counsellor based on both parties' availability. This can be provided face to face, by teams or over the phone.

MEET THE TEAM



DELLA – DIRECTOR



**MAGGIE – ASSISTANT
DIRECTOR**



**ABI – PLACEMENT
MANAGER**



**CARL – DIRECT SERVICES
MANAGER**



LISA – DROP IN WORKER



**AVRIL – OUTREACH
WORKER**